



# RUSSIAN TORTOISE care sheet



**PET DEPOT**

## CAGING NEEDED

If you house your Russian Tortoise in a terrarium, a minimum size of 75 gallons is required. Specifically made tortoise terrariums are a better option than your typical reptile terrarium as they maintain proper ventilation and humidity better. A visual barrier may be needed for the glass as tortoises generally do not grasp the concept of glass, and often they will keep trying to go through it.

## BEDDING & WATER NEEDS

The ideal substrate is a 50/50 mixture of sand and coconut fiber. Russian Tortoises live in very arid conditions but their burrows can have up to 70% humidity. Alfalfa pellets are easy to clean but generally is consider a poor substrate as it dries out your tortoises and is too high of protein (tortoises love to eat it).

## LIGHTING & UVB

Provide a basking lamp. UVB Lighting is essential.

## TEMPERATURES & HUMIDITY

Temperature should range from 68 at night, 75 to 85F during the day. Provide a basking spot that is in the high 80sF. Humidity should be 60%. Mist 2 to 3x per day.

## DIET

High Fiber low protein Diet. Zoo Med Grassland Tortoise is an excellent maintenance diet. grasses, kale, clover, hibiscus leaves and flowers, alfalfa, hay, red leaf lettuce, romaine lettuce, rose petals, and sow thistle.

## MISC. INFORMATION

Active at night (nocturnal).

## AVERAGE SIZE

Adult females are 8-10", Males 6-8"

## LIFE SPAN

50 - 75 years.

## SHOPPING LIST FOR NEEDED SUPPLIES

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|--|---|
| <input type="checkbox"/> Food Supplements  | <input type="checkbox"/> Glass Aquarium (10 - 40 gal)         |
| <input type="checkbox"/> Food & Water Dish | <input type="checkbox"/> Calcium & Mineral Supplements        |
| <input type="checkbox"/> Hiding Box        | <input type="checkbox"/> Incandescent Light or Ceramic Heater |
| <input type="checkbox"/> Misting Bottle    | <input type="checkbox"/> Full Spectrum Fluorescent Light      |
| <input type="checkbox"/> Undertank Heater  | <input type="checkbox"/> Thermometer                          |
| <input type="checkbox"/> Humidity Gauge    | <input type="checkbox"/> Book about Tortoises                 |